JUSTICE & MENTAL HEALTH COLLABORATION PROGRAM
SPECIALIZED PROBATION SUPERVISION TRAINING
September 29-October 2, 2014
Alfred E. Smith Office Building
80 South Swan Street
Albany, New York 12210
Training Room #348

Agenda

Day One: Specialized Supervision Training for Probation Officers

9:00 a.m. – 9:15 a.m. Welcome and Introductions
• Robert Maccarone, Deputy Commissioner and Director, DCJS OPCA
• Donna Hall, Ph.D., Associate Commissioner, Division of Forensic Services, NYS Office of Mental Health

9:15 a.m. – 10:15 a.m. Probation Updating the Evidence and Leading the Way: Effective Practices for Individuals with Mental Illness
Ann-Marie Louison, Director of Behavioral Health Programs, Center for Alternative Sentencing and Employment Services (CASES)

10:15 a.m. – 10:30 a.m. Break

10:30 a.m. – 11:00 a.m. Brief Jail Mental Health Screen (BJMHS)

11:00 a.m. – 11:15 a.m. Behavioral Health Overview
• Valerie Chakedis, Ed.D., NYS DCJS Consultant for JMHCP

11:15 a.m. -- 12:30 p.m. Specialized Mental Health Supervision for Probation Officers
• Bernard Wilson, Program Manager JHMCP
• Nancy Andino, Community Correction Rep II, DCJS OPCA

12:30 p.m. – 1:30 p.m. Lunch (on your own)

1:30 p.m. – 2:45 p.m. Peers and Recovery
• Cathy Cave, Director of Training
Dennis Mosely, Director, Peer Support Services
Mental Health Empowerment Project, Inc.
Day Two: Motivational Interviewing - David Varalli

9:00 Welcome, Opening Remarks, Overview of Agenda
Introductions and Rules

**Change:** What does it look like?
Mission and goals of your work
Exercise: Interviews/Change Agents

10:30 Break

**Ambivalence Is Normal**
It effects everyone on the path to change
Ambivalence Exercise

12:00 Lunch

1:00 Four Fundamental Processes of Motivational Interviewing
  - Engaging
  - Focusing
  - Evoking
  - Planning

2:30 Break

3:00 Key Communication Skills
  - Open-ended Questions
    Exercise: Open-ended Question Ball & Triads

  - Affirmations
    Exercise: Affirmations

  - Reflections

  - Summaries

See You Tomorrow!
Day Three: Motivational Interviewing (cont’d) - David Varalli

9:00  Review and Questions from Day One OARS Exercise

10:30  Break

10:45  Focusing
How is MI effective with mental illness/specialized caseloads?

12:00  Lunch

1:00  Evoking “change talk”/Reframing “Sustain talk”
D esire
A bility
R easons
N eed
C ommitment
A ctivation
T aking Steps

Evoking Hope and confidence
Developing Discrepancy
Resistance=Discord/Sustain Talk
  • Emphasize Autonomy
  • Reframe
  • Agree with a Twist
  • Coming along side
5 chair exercise

2:30  Break

3:00  Planning-Smart change talk

3:30  Review and Discussion

What is next for you?
Day Four:  Trauma-Informed Approaches - Carrie Wong, Forensic Training Program Coordinator, NYS Office of Mental Health

9:00 a.m.  Why Learn About Trauma?
Upon completion of this module, participants will be able to:
- Discuss why probation officers should learn about trauma

9:30 a.m.  What is Trauma?
Upon completion of this module, participants will be able to:
- Identify examples of traumatic events
- Define trauma
- Discuss how trauma is often ongoing for many individuals involved in the CJS
- Describe the pervasive effect trauma can have on an individual’s life

10:00 a.m.  Gender Differences
Upon completion of this module, participants will be able to:
- Identify examples of the types of trauma reported by women and by men
- Identify attributions ascribed to traumatic events by women and by men
- Describe the cycle of violence as a response to childhood physical abuse

10:30 a.m.  Break

10:40 a.m.  Trauma’s Effects
Upon completion of this module, participants will be able to:
- Describe how the effect of trauma can be experienced throughout life and affect various aspects of functioning and behavior
- Describe how trauma relates to mental health and substance abuse disorders
- Describe how certain behaviors may reflect a person’s attempt to survive
- Discuss how a history of trauma may result in problematic behavior

11:30 a.m.  Lunch

12:15 p.m.  Trauma-Informed Responses
Upon completion of this module, participants will be able to:
- Describe elements of a safe approach
- Discuss how some behaviors and symptoms related to trauma can be a challenge
- Identify issues to keep in mind when planning for safety
- Identify trauma-informed approaches to responding to different behaviors

1:30 p.m.  Systems May Re-Traumatize
Upon completion of this module, participants will be able to:
- Describe ways in which community corrections, treatment providers and service systems may re-traumatize trauma survivors
- Discuss how to improve policies and procedures to make them trauma-informed

2:15 p.m.  Closing

2:30 p.m.  Video Clip-Wrap Up

3:00 p.m.  Adjourn